

# Breakfast IW 20-21

## Rotation 3

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
| <b>August 3, 2020</b><br>Golden Graham Cereal<br>Banana Muffin<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                        | <b>August 4, 2020</b><br>Breakfast Wrap<br>Apple Delight Fruit Bar<br>Milk - Lowfat<br>Milk, Chocolate Fat Free    | <b>August 5, 2020</b><br>Donut Super WG<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free  | <b>August 6, 2020</b><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                          | <b>August 7, 2020</b><br>Oatmeal Raisin Benefit<br>Bar<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored     |
| <b>August 10, 2020</b><br>Cold Cereal<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored   | <b>August 11, 2020</b><br>Cinnamon French Toast<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored       | <b>August 12, 2020</b><br>Ultimate Breakfast Round<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                                     | <b>August 13, 2020</b><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored    | <b>August 14, 2020</b><br>Chocolate Donuts<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free               |
| <b>August 17, 2020</b><br>Cereal, Cheerio Honey Nut<br>GF B<br>Blueberry Muffin<br>Fruit Assorted<br>LOWFAT MILK<br>Milk Nonfat Unflavored         | <b>August 18, 2020</b><br>Pancakes Mini Maple Burst<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored   | <b>August 19, 2020</b><br>Apple Cinnamon Muffin<br>Boiled Egg<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                          | <b>August 20, 2020</b><br>Breakfast Wrap<br>Animal Crackers<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                                 | <b>August 21, 2020</b><br>Bagel Strawberry Mini<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free          |
| <b>August 24, 2020</b><br>Cereal Cheerios Bwlpk<br>Ultra Grain Powdered Don<br>Banana<br>Assorted Juice<br>Milk - Lowfat<br>Milk Nonfat Unflavored | <b>August 25, 2020</b><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | <b>August 26, 2020</b><br>Cinnamon Burst Bread Sli<br>Peanut Butter Cup<br>Apple whole<br>Assorted Juice<br>Milk Nonfat Unflavored<br>Milk - Lowfat | <b>August 27, 2020</b><br>Cini Mini<br>Cream Cheese Fat Free<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                | <b>August 28, 2020</b><br>Maple Mini Waffle<br>Raisins<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                     |
| <b>August 31, 2020</b><br>Cold Cereal<br>Fresh Grapes<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | <b>September 1, 2020</b><br>Morning Roll<br>Orange Smiles<br>Milk - Lowfat<br>Milk, Chocolate Fat Free             | <b>September 2, 2020</b><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored             | <b>September 3, 2020</b><br>Bean and Cheese Burrito<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                         | <b>September 4, 2020</b><br>Frudel<br>Melon Chunks<br>Milk - Lowfat<br>Milk Nonfat Unflavored                           |
| <b>September 7, 2020</b><br>Golden Graham Cereal<br>Banana Muffin<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                     | <b>September 8, 2020</b><br>Breakfast Wrap<br>Apple Delight Fruit Bar<br>Milk - Lowfat<br>Milk, Chocolate Fat Free | <b>September 9, 2020</b><br>Donut Super WG<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | <b>September 10, 2020</b><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                      | <b>September 11, 2020</b><br>Oatmeal Raisin Benefit<br>Bar<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored |
| <b>September 14, 2020</b><br>Cold Cereal<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored  | <b>September 15, 2020</b><br>Cinnamon French Toast<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored    | <b>September 16, 2020</b><br>Ultimate Breakfast Round<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                                  | <b>September 17, 2020</b><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored | <b>September 18, 2020</b><br>Chocolate Donuts<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free            |
| <b>September 21, 2020</b><br>Cereal, Cheerio Honey Nut   | <b>September 22, 2020</b><br>Pancakes Mini Maple Burst   | <b>September 23, 2020</b><br>Apple Cinnamon Muffin  | <b>September 24, 2020</b><br>Breakfast Wrap  | <b>September 25, 2020</b><br>Bagel Strawberry Mini  |

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|---|---|--|--|---|
| GF B<br>Blueberry Muffin<br>Fruit Assorted<br>LOWFAT MILK<br>Milk Nonfat Unflavored   | Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored   | Boiled Egg<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored  | Animal Crackers<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   |
| <b>September 28, 2020</b><br>Cereal Cheerios Bwlpk<br>Ultra Grain Powdered Don<br>Banana<br>Assorted Juice<br>Milk - Lowfat<br>Milk Nonfat Unflavored | <b>September 29, 2020</b><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free | <b>September 30, 2020</b><br>Cinnamon Burst Bread Sli<br>Peanut Butter Cup<br>Apple whole<br>Assorted Juice<br>Milk Nonfat Unflavored<br>Milk - Lowfat | <b>October 1, 2020</b><br>Cini Mini<br>Cream Cheese Fat Free<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free              | <b>October 2, 2020</b><br>Maple Mini Waffle<br>Raisins<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                   |
| <b>October 5, 2020</b><br>Cold Cereal<br>Fresh Grapes<br>Milk - Lowfat<br>Milk, Chocolate Fat Free  | <b>October 6, 2020</b><br>Morning Roll<br>Orange Smiles<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                | <b>October 7, 2020</b><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored                  | <b>October 8, 2020</b><br>Bean and Cheese Burrito<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                         | <b>October 9, 2020</b><br>Frudel<br>Melon Chunks<br>Milk - Lowfat<br>Milk Nonfat Unflavored                           |
| <b>October 12, 2020</b><br>Golden Graham Cereal<br>Banana Muffin<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                         | <b>October 13, 2020</b><br>Breakfast Wrap<br>Apple Delight Fruit Bar<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | <b>October 14, 2020</b><br>Donut Super WG<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | <b>October 15, 2020</b><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                      | <b>October 16, 2020</b><br>Oatmeal Raisin Benefit<br>Bar<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored |
| <b>October 19, 2020</b><br>Cold Cereal<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored   | <b>October 20, 2020</b><br>Cinnamon French Toast<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored       | <b>October 21, 2020</b><br>Ultimate Breakfast Round<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                                       | <b>October 22, 2020</b><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored | <b>October 23, 2020</b><br>Chocolate Donuts<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free            |
| <b>October 26, 2020</b><br>Cereal, Cheerio Honey Nut<br>GF B<br>Blueberry Muffin<br>Fruit Assorted<br>LOWFAT MILK<br>Milk Nonfat Unflavored           | <b>October 27, 2020</b><br>Pancakes Mini Maple Burst<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored   | <b>October 28, 2020</b><br>Apple Cinnamon Muffin<br>Boiled Egg<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                            | <b>October 29, 2020</b><br>Breakfast Wrap<br>Animal Crackers<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                              | <b>October 30, 2020</b><br>Bagel Strawberry Mini<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free       |
| <b>November 2, 2020</b><br>Cereal Cheerios Bwlpk<br>Ultra Grain Powdered Don<br>Banana<br>Assorted Juice<br>Milk - Lowfat<br>Milk Nonfat Unflavored   | <b>November 3, 2020</b><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | <b>November 4, 2020</b><br>Cinnamon Burst Bread Sli<br>Peanut Butter Cup<br>Apple whole<br>Assorted Juice<br>Milk Nonfat Unflavored<br>Milk - Lowfat   | <b>November 5, 2020</b><br>Cini Mini<br>Cream Cheese Fat Free<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free             | <b>November 6, 2020</b><br>Maple Mini Waffle<br>Raisins<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                  |
| <b>November 9, 2020</b><br>Cold Cereal<br>Fresh Grapes<br>Milk - Lowfat<br>Milk, Chocolate Fat Free   | <b>November 10, 2020</b><br>Morning Roll<br>Orange Smiles<br>Milk - Lowfat<br>Milk, Chocolate Fat Free              | <b>November 11, 2020</b><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored                | <b>November 12, 2020</b><br>Bean and Cheese Burrito<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                       | <b>November 13, 2020</b><br>Frudel<br>Melon Chunks<br>Milk - Lowfat<br>Milk Nonfat Unflavored                         |
| <b>November 16, 2020</b><br>Golden Graham Cereal<br>Banana Muffin   | <b>November 17, 2020</b><br>Breakfast Wrap<br>Apple Delight Fruit Bar   | <b>November 18, 2020</b><br>Donut Super WG<br>Fruit Assorted   | <b>November 19, 2020</b><br>Brkfst Meal Kit - Rockin<br>Banana Muffin  | <b>November 20, 2020</b><br>Oatmeal Raisin Benefit<br>Bar   |

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|---|--|--|---|--|
| Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored   | Milk - Lowfat<br>Milk, Chocolate Fat Free  | Milk - Lowfat<br>Milk, Chocolate Fat Free  | Milk - Lowfat<br>Milk, Chocolate Fat Free   | Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored  |
| <b>November 23, 2020</b><br><br>Cold Cereal<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored  | <b>November 24, 2020</b><br><br>Cinnamon French Toast<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored     | <b>November 25, 2020</b><br><br>Ultimate Breakfast Round<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                                    | <b>November 26, 2020</b><br><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored | <b>November 27, 2020</b><br><br>Chocolate Donuts<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free            |
| <b>November 30, 2020</b><br><br>Cereal, Cheerio Honey Nut<br>GF B<br>Blueberry Muffin<br>Fruit Assorted<br>LOWFAT MILK<br>Milk Nonfat Unflavored        | <b>December 1, 2020</b><br><br>Pancakes Mini Maple Burst<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored  | <b>December 2, 2020</b><br><br>Apple Cinnamon Muffin<br>Boiled Egg<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                          | <b>December 3, 2020</b><br><br>Breakfast Wrap<br>Animal Crackers<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                               | <b>December 4, 2020</b><br><br>Bagel Strawberry Mini<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free        |
| <b>December 7, 2020</b><br><br>Cereal Cheerios Bwlpk<br>Ultra Grain Powdered Don<br>Banana<br>Assorted Juice<br>Milk - Lowfat<br>Milk Nonfat Unflavored | <b>December 8, 2020</b><br><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free  | <b>December 9, 2020</b><br><br>Cinnamon Burst Bread Sli<br>Peanut Butter Cup<br>Apple whole<br>Assorted Juice<br>Milk Nonfat Unflavored<br>Milk - Lowfat | <b>December 10, 2020</b><br><br>Cini Mini<br>Cream Cheese Fat Free<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free             | <b>December 11, 2020</b><br><br>Maple Mini Waffle<br>Raisins<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                  |
| <b>December 14, 2020</b><br><br>Cold Cereal<br>Fresh Grapes<br>Milk - Lowfat<br>Milk, Chocolate Fat Free  | <b>December 15, 2020</b><br><br>Morning Roll<br>Orange Smiles<br>Milk - Lowfat<br>Milk, Chocolate Fat Free             | <b>December 16, 2020</b><br><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored              | <b>December 17, 2020</b><br><br>Bean and Cheese Burrito<br>Mango Chunks<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                        | <b>December 18, 2020</b><br><br>Frudel<br>Melon Chunks<br>Milk - Lowfat<br>Milk Nonfat Unflavored                          |
| <b>December 21, 2020</b><br><br>Golden Graham Cereal<br>Banana Muffin<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                      | <b>December 22, 2020</b><br><br>Breakfast Wrap<br>Apple Delight Fruit Bar<br>Milk - Lowfat<br>Milk, Chocolate Fat Free | <b>December 23, 2020</b><br><br>Donut Super WG<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free  | <b>December 24, 2020</b><br><br>Brkfst Meal Kit - Rockin<br>Banana Muffin<br>Milk - Lowfat<br>Milk, Chocolate Fat Free                      | <b>December 25, 2020</b><br><br>Oatmeal Raisin Benefit<br>Bar<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored |
| <b>December 28, 2020</b><br><br>Cold Cereal<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored  | <b>December 29, 2020</b><br><br>Cinnamon French Toast<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored     | <b>December 30, 2020</b><br><br>Ultimate Breakfast Round<br>Fruit Assorted<br>Milk - Lowfat<br>Milk Nonfat Unflavored                                    | <b>December 31, 2020</b><br><br>Brkfst Combo Bar HamEgg<br>Chs<br>English Muffin<br>Apple Wedges<br>Milk - Lowfat<br>Milk Nonfat Unflavored | <b>January 1, 2021</b><br><br>Chocolate Donuts<br>Fruit Assorted<br>Milk - Lowfat<br>Milk, Chocolate Fat Free              |

